

I/73519/2021

भारत सरकार
जल शक्ति मंत्रालय
जल संसाधन नदी विकास एवं,
गंगा संरक्षण विभाग
केंद्रीय जल आयोग
राष्ट्रीय जल अकादमी



Government of India
Ministry of Jal Shakti
Dept of Water Resources,
River Development & GR
Central Water Commission
National Water Academy



दिनांक : 10.10.2021

प्रति,

1. मुख्य अभियंता, केंद्रीय जल आयोग (मुख्यालय)
2. मुख्य अभियंता, केंद्रीय जल आयोग के क्षेत्रीय कार्यालय
3. निदेशक / अधीक्षण अभियंता, केंद्रीय जल आयोग
4. KRMB/GRMB/CWMA/NWDA/GFCC/PPA/CEA/Farraka Barrage के प्रमुख
5. आयुक्त, जल संसाधन नदी विकास और गंगा संरक्षण विभाग, जल शक्ति मंत्रालय, नई दिल्ली
6. वरिष्ठ संयुक्त आयुक्त, जल संसाधन नदी विकास और गंगा संरक्षण विभाग, जल शक्ति मंत्रालय, नई दिल्ली

विषय: ऑन-लाइन मोड में केंद्रीय जल इंजीनियरिंग सेवा संवर्ग (Group A) के अधिकारियों के लिए आर्ट ऑफ लिविंग फाउंडेशन, बेंगलुरु के साथ "Building Competencies for Personal Excellence in Public Governance" पर प्रशिक्षण कार्यक्रम - नामांकन - के संबंध में।

महोदय,

The second training program on "Building Competencies or Personal Excellence in Public Governance" with Art of Living Foundation, Bengaluru for Central Water Engineering Service (Group A) Cadre Officers is scheduled to be held for a **duration of 4 days during 15-18 November 2021 in the on-line mode with the payment of course fee @₹ 5000/- per participant. The programme will be held from 0700-0930 Hrs daily for four days.** The information brochure giving details of the program is enclosed for ready reference.

NWA is seeking nominations of the CWES (Group A) officers for the above training. Officers who are willing to participate in the above program may kindly submit their nominations with due approval of controlling officer and may register for the program through the Google Form Link <https://forms.gle/GyvBQQBF5Ehv429M7> by 11 November 2021.

संलग्नक: ऊपरोक्त अनुसार

Digitally Signed by Milind भवदीय

Arjun Panpatil

Date: 08-10-2021 16:49:49

Reason: Approved मिलिंद पानपाटिल

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प्रतिलिपि सूचनार्थ एवं आवश्यक कार्रवाई हेतु :

1. निदेशक (प्रशिक्षण), प्रशिक्षण निदेशालय, केंद्रीय जल आयोग, नई दिल्ली - सीडब्ल्यूईएस अधिकारियों से अधिक से अधिक नामांकन प्राप्त करने के अनुरोध के साथ।
2. निदेशक (सॉफ्टवेयर प्रबंधन) निदेशालय, केंद्रीय जल आयोग, नई दिल्ली - केंद्रीय जल आयोग की वेबसाइट पर अपलोड करने हेतु।

CENTRE OF EXCELLENCE IN WATER SECTOR

खडकवासला, पुणे -सिंहगढ़ रोड, पुणे -411 024
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ई-मेल: nwa.mah@nic.in, cenwa.mah@nic.in



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◆ Conserve Water- Save Life ◆

◆ जल संरक्षण सुरक्षित भविष्य ◆



ONLINE BUILDING COMPETENCIES FOR PERSONAL EXCELLENCE IN PUBLIC GOVERNANCE

by the Art of Living Foundation, Bengaluru

**In-service Training Program for Central Water
Engineering Services (CWES) Cadre Officers**

Program Delivery - Online mode

www.artofliving.org

15th to 18th November

Timings: 7 am to 9.30 am



PROGRAM OBJECTIVE & METHODOLOGY

The Program has been tailor-made to build and upgrade competencies identified in the National Training Policy 2012 for public servants. These competencies are mostly personal and soft skills. **The Program aims to facilitate the process of self-awareness and introspection bringing about innate qualities which are central to good governance.** The Program focuses on participative processes, games, discussions, experiential sharing, problem solving techniques, group activities, Yoga & Meditation etc. to create an impactful experience for the participants.

The Program will be conducted in Online mode

BENEFITS

Participants of similar programs have reported following benefits:

- o Inspirational leadership skills
- o Management Sutras for effective leadership
- o Relief from stress and anxiety; Greater clarity & focus in mind
- o Feel more energetic and dynamic
- o Building a positive personal & work environment
- o Developing instinctive sense of ethics and values
- o Greater belongingness & empathy within teams
- o Greater emotional awareness and restraint; reduction in negative emotions like anger, frustration etc.
- o Improvement in health on several parameters including immunity
- o Higher productivity and efficiency

From the comfort of your home spend time with yourself to relax and rejuvenate, get in touch with your inner self, and uncover various facets to personal excellence in an open environment of trust and learning.



ART OF LIVING

The Art of Living Foundation is one of the largest volunteer-based NGOs in the world having a presence in 156 countries and over 450 million people worldwide have participated in its various Programs. The Art of Living is founded and inspired by 'Padma Vibhushan' Gurudev Sri Sri Ravi Shankar, world renowned humanitarian and spiritual leader. We enjoy special consultative status with the ECOSOC of the United Nations, and are globally recognized for the outstanding work we have accomplished in the development of Human Values for the past 39 years.

The Art of Living Training Programs are guided by Gurudev's philosophy of peace: "Unless we have a stress-free mind and a violence-free society, we cannot achieve world peace." Apart from various Training Programs, the Art of Living Foundation has spread peace across communities through diverse humanitarian projects, including conflict resolution, disaster relief, sustainable rural development, empowerment of women, prisoner rehabilitation, education for all, and environmental sustainability. Funds from the Training Programs are used to sustain such humanitarian and social projects.

More information about us may be viewed on www.artofliving.org



TESTIMONIALS

"It was a wonderful and enjoyable programme with a difference. The programme will help me in improving my personal efficiency and, in turn, my efficiency at work place."

-Shri. Sanjeev Kumar Sinha, IAS, 1986, BH, Chief Enquiry Commissioner, Govt. of India



"Well structured and well organized programme. All the sessions were very interesting. Lot of emphasis on personality development and self-improvement. Serene environment, hospitable staff, polite and courteous faculty. Overall a wonderful experience. I would recommend all middle level and senior level offices of Govt. of India and State Govt. to attend this course."

- Shri. Manoj Pant, IFS, 1986, J&K



"Excellent Experience. Greatly impressed by the social work undertaken by the Ashram under Gurudev's Vision. Course is excellent and has positive impact on the personality."

- Smt. Anjali Bhawra, IAS, 1988, PB, Additional Secretary, Govt. of India



"An excellent programme about being healthy, happy, more useful to family, society, organisation and nation & humanity. The programme will help me in work in better team building, being compassionate to juniors, better results & efficiency."

- Shri. Muktesh Chander, IPS, 1988, AGMUT, Special Commissioner, Delhi Police



"It was a wonderful experience, very refreshing and de-stressing. We introspected about a variety of 'life' issues and the meditation and Kriya helped us in a number of ways. I hope to utilise the tools I have learnt here throughout my life."

- Shri. Sanjeev Kaushik, IAS, 1992, KL, Additional Secretary, Ministry of Finance, Govt. of India



"Very refreshing and rejuvenating. Journey to the self has begun. The programme will help in my work life in stress management, interpersonal relationship and expanding the time available for productive work."

- Shri. Rajeev Verma, IAS, 1992, AGMUT, Principal Secretary, Govt. of Delhi





CONTACT US

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