

No.1/1/2019-CWCRC/SS
Government of India
Central Water Commission
(CWC Recreation Club)

Dated the, 20th December, 2019

CIRCULAR



Sub.: SELECTION TRIALS FOR MoJS TEAM FOR INTER-MINISTRY POWER LIFTING (MEN AND WOMEN) & BENCH PRESS AND WEIGHTLIFTING & BEST PHYSIQUE CHAMPIONSHIP 2019-20.

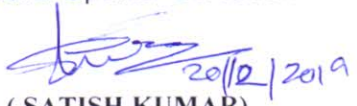
Inter ministry power lifting (men and women) & bench press and weightlifting & best physique championship 2019-20 is scheduled to be held at Raja Bazar Community Centre, New Delhi from 7th to 10th January, 2020. The Championship will be held as per enclosed Annexure-I.

All the officers/officials of Ministry of Jal Shakti DoWR/DoDW&S/CWC, including YBO, FM, Indus, Ganga offices working in the offices located at Delhi who desire to participate in the above Championship are requested to attend the Selection Trials as per the schedule given below:

Name of sports	Trials Venue/Contact Persons with Intercom Number	Date & Time
POWER LIFTING & BENCH PRESS AND WEIGHTLIFTING & BEST PHYSIQUE CHAMPIONSHIP	CWC Gym, 1 st Floor, Wing No. 4, West Block-I, R.K. Puram, New Delhi Sh. Satish Kumar, AD, Mon.(N) Dte. (PABX-3248) Sh. Sunil Kumar, JSA, Hyd.(NE) Dte.(PABX-3721)	24.12.2019 2.30 PM onward

*Prefix 2958+above mentioned four digit PABX for External Telephone

After the selection trials, selection of the team by selection committee of CWC Recreation Club will be final and binding and no further request will be entertaining in this regard. For further details of above said Sports Selection Trials, may contact to the undersigned.


(SATISH KUMAR)
Sports Secretary
(PABX No.3248)

To:

1. PSO to Chairman, CWC;
2. Sr. PPS/PPS to all Members, CWC;
3. Chief Engineer, YBO, CWC;
4. Chief Engineer (HRM), CWC;
5. JS & Welfare Officer, CWC;
6. Secretary, CWC;
7. Director (Admn.), CWC;
8. Welfare Officer, MoJS (DoWR, RD & GR)/CSMRS/Ganga-Indus Basin;
9. All Office Bearers and Executive Members & Members, CWC Recreation Club;
10. Secretary, CCSC&SB, Room No. 361-B, 3rd Floor, Lok Nayak Bhawan, Khan Mkt., New Delhi;
11. Sh. Ashok Kumar Sidhu, General Secretary, CWC Recreation Club;
12. All Notice Boards at each floor of Sewa Bhawan & W.BI & II/MoWR, RD & GR offices.

CENTRAL CIVIL SERVICES CULTURAL AND SPORTS BOARDRoom No.361, 'B' Wing, 3rd Floor,

Lok Nayak Bhawan

Dated: 06.12.2019

CIRCULAR**Sub: Inter-Ministry Power lifting (Men and Women) & Bench Press and Weightlifting & Best Physique Championship, 2019-20.**

Central Civil Services Cultural and Sports Board proposes to organise Inter-Ministry Power Lifting (Men and Women) & Bench Press and Weightlifting & Best Physique Championship 2019-20 from 7th to 10th January, 2020 at Raja Bazar, Community New Delhi. The Championship will be held in the following weight categories:

Power Lifting and Bench Press (Men)	Power Lifting and Bench Press (Women)	Weight lifting	Best Physique
59 Kg	47 Kg	55 Kg	55 Kg
66 Kg	52 Kg	61 Kg	60 Kg
74 Kg	57 Kg	67 Kg	65 Kg
83 Kg	63 Kg	73 Kg	70 Kg
93 Kg	72 kg	81 kg	75 Kg
105 Kg	84 Kg	89 Kg	80 Kg
120 Kg	+84 Kg	96 Kg	85 Kg
+120 Kg	—	102 Kg	90 Kg
—	—	109Kg	100 Kg
—	—	+109Kg	+100 Kg

2. The Ministry/Department desirous to participate in the Tournament may send their entries in the prescribed Proforma along with the entry fee latest by **04th January, 2020**. The entry fee of Rs. 75/- per head per event may be deposited in Board's account as per details. No entry will be accepted unless accompanied with fee. The entry fee should be deposited only through online mode in the Boards account.

Name: Secretary CCSCSB, A/c No: 90432010052140, IFSC Code: SYNB0009043, Bank: Syndicate Bank, Khan Market, New Delhi.

3. Payment can also be made by scanning the following QR Code:



9717990948@upi

4. Winners of Team Championship will be awarded cash price of Rs.10000/-and Runners Up with Rs.7000/-
5. The entry should be sent in the prescribed form duly signed by the Welfare Officer concerned should reach on or before the last date mentioned above. The rules and regulations governing the eligibility conditions for participation, etc. in the Inter-Ministry Tournament is available on the website of the Department of Personnel & Training (<https://dopt.gov.in/about-us/wings-or-division-in-dopt/welfare-divisions>).
6. The detailed programme along with relevant details, rules and regulation will be provided to the team/players at the venue of the Tournament.
7. Persons working in corporation, Public Sector, Autonomous bodies/Public Sector Banks/Undertaking (like FCA, DTC, LIC, ESIC, CBSE etc.) will not be eligible to participate in the Inter-Ministry/ AICS Tournaments even though administratively controlled by the Central Ministries.

(Kulbhushan Malhotra)
Secretary (CCSCSB)

All the Welfare Officers of Ministries/Departments
Notice Boards
Shri Mahesh Prasad, Convener (Power lifting & Weight lifting) (9810987370)